

## Lee Valley Slalom Training Access



The purpose of this document is to outline the possible ways for access to Lee Valley White Water Centre for Slalom training. The aims of the opportunities outlined are;

- To provide regular opportunities for selection qualifiers to prepare for a selection event at LVWWC.
- To build sustainable slalom training opportunities at LVWWC allowing paddlers to develop and progress through the sport.

There are a number of avenues for access to LVWWC for Slalom Training including;

- British Canoeing World Class Programme Sessions
- Home Nation Exclusive Sessions
- Southern England Talent Sessions
- LVWWC Public Slalom Sessions
- LVWWC Private Hire for Clubs
- Lee Valley Paddlesports Club

### British Canoeing World Class Programme Sessions

In addition to public sessions that are available to book directly through the Lee Valley White Water Centre there is the possibility to access British Canoeing UK Program water. There is a maximum of 23 spaces per session, however some sessions may be restricted depending on the needs of the programme, for example, delivery sessions. Available spaces are allocated in the following order to Olympic Disciplines;

1. Podium or Podium Potential Athletes.
2. Qualifiers for Selection 2024.
3. International Athletes World Ranked top 30 or achieving a top 10 at senior world cup or championships races in 2022. \*
4. Premier Paddlers \*\*

\*Final decision to be made by PD where circumstances require.

\*\*usually only available in weeks where the podium program is away.

Weekdays:

- Morning sessions (08:45 or 08:30 start\*): limited spaces available. Spaces will only be released at the start of the month, requests can be put in early.
- Afternoon sessions (14:15 start\*): Except Thursdays

\*Session times could change depending on movement within the podium program.

**New Pricing Starting 1st May 2023** - Please follow this [link](#) to purchase. Please note, you will need your national federation membership number to logon)

Annual Pass Upfront Pass 2024 to 2025	£1200
40 Slalom Session Upfront Pass	£360.00
20 Slalom Session Upfront Pass	£240.00
10 Slalom Session Upfront Pass	£150.00

Single Slalom Session Upfront Pass	£18.00
------------------------------------	--------

For session times and bookings please email [SlalomWCP@britishcanoeing.org.uk](mailto:SlalomWCP@britishcanoeing.org.uk).

### Kayak Cross:

The Kayak Cross discipline is continually developing and with additional funding from UK Sport to support the WCP to achieve its targets at the future Olympic Games, there is likely to be a continual evolution of what's required to support an effective training environment. Sessions currently take two formats, exclusive and split.

Exclusive Kayak Cross sessions are scheduled most weeks. Booking for these can be made in the usual way. Please note invited opportunities may be created in order to support the development of the training environment.

Split Sessions: During any afternoon training session paddlers can chose to train in a Kayak Cross boat, noting that the priority will be for Slalom training and gate setting

### Booking Process:

1. **Requests for water should be made a minimum of 4 weeks in advance by email to [SlalomWCP@britishcanoeing.org.uk](mailto:SlalomWCP@britishcanoeing.org.uk).**
2. **Availability for sessions will be communicated a minimum of 3 weeks in advance.**
3. **Requests shorter than 3 weeks in advance can be made but are not guaranteed.**

### Terms of Access:

- If you are not working with an allocated coach on your session you are required to paddle in a group of at least two people.
- British Canoeing reserves the right to withdraw access to its water slots for failure to follow the Lee Valley white water centre rules.
- Please note that some sessions are a kayak cross priority session. Selection qualifiers wanting to train kayak cross can do so in these slots.
- Paddlers should note that the venue is closed to the public on Mondays and Tuesdays meaning different terms of access to the site. Specific information will be communicated ahead of your booking.

<b>Access Arrangement</b>		
<b>World Class Programme Supported Athletes*:</b> <i>No payment required</i> <i>*Subject to change annually</i>	<b>Selection qualifiers 2024 (see 2024 selection policy)</b>  <i>Payment required</i>	<b>Selection qualifiers 2025 (Will update in line with 2025 policy)</b>  <i>Payment required</i>

## Talent Programme Sessions

In addition to the access to UK Program sessions there is the opportunity for Premier and Division 1 ranked paddlers to access Talent Olympic sessions. Spaces will be dependent on the needs of the talent athletes and decided by the talent coaches. Sessions are £10 per session. Times of sessions can be requested and bookings can be made by emailing [adam.johnston@britishcanoeing.org.uk](mailto:adam.johnston@britishcanoeing.org.uk). Free spaces will be allocated on a first come first serve basis.

## Home Nation Access

British Canoeing works with the Home Nation lead coaches to secure each programme's preferred access times and weekends. Sessions will be available in line with each Home Nations selection and squad criteria. Paddlers on these sessions must be part of the booking Home Nation programme or have agreed the access prior to the session with British Canoeing. Home Nations sharing water must make this known at the time of booking.

Bookings at the venue are more likely to be available between 1st November and the end of February, outside of the commercial rafting season. Due to booking constraints it may not be possible to grant everyone's first choice weekends and therefore some flexibility is required. Where possible LVWWC will be flexible for changes in bookings. Each lead coach will undertake a site induction and be able to convey information to coaches, parents and athletes.

## **LVWWC Public Slalom Sessions**

The Lee Valley White Water Centre and British Canoeing have collaborated to create opportunities to paddle public slalom sessions at Lee Valley. The White Water Centre will provide bank support for the sessions and will act as a point of contact should you have any queries, concerns or in case of an emergency. Coaches wanting to operate on these sessions should contact the white water centre directly before travel. Slalom gates will be set for the session by a nominated person. Depending on the paddlers divisional ranking and course assessment level there will be different requirements to paddle.

- Any existing centre members that have passed the Olympic assessment or Premier Division paddlers will require a brief induction before their first session.
- Division 1 paddlers or lower who currently aren't members of and haven't passed the Olympic course assessment will need to do this as part of their first session.

Paddlers will be able to book via the White Water Centre website [www.gowhitewater.co.uk](http://www.gowhitewater.co.uk) having created a membership. If you have any questions about the assessment process please contact the LVWWC via their website or email [whitewater@leevalleypark.org.uk](mailto:whitewater@leevalleypark.org.uk)

## **LVWWC Private Hire for Clubs**

The Lee Valley White Water Centre has a specific exclusive club rate that allows clubs interested in making bookings to do so directly with the venue at a discounted rate. Bookings will need to be made well in advance, around existing white water centre activity and within the venues public opening times. Enquiries regarding this type of booking should be made with the venue directly at [caroline.jenkins@gll.org](mailto:caroline.jenkins@gll.org). Clubs making the bookings will be responsible for all aspects of the booking including managing numbers, safety, gates and any required briefings in line with venue policies.

## **Lee Valley Paddlesport Club**

As the resident Club at LVWWC LVPC are looking to develop paddling opportunities across a range of disciplines and at all levels, from beginners through to GB Team representatives. As the Club programme develops the aim is to provide a number of white water sessions exclusively for Club members each week. A significant benefit of the Talent Club Partnership is the opportunity for established paddlers to access Talent sessions from April 2021. Club programmes mirror the current talent squad access to Olympic Course sessions, which are typically between 2 and 5 sessions per week. The exact number each week will vary from week to week based on the competition calendar and the periodisation of training provision within the year. Paddlers accessing this programme must be members of LVPC and will be charged £100.00 per month to cover their contribution to the cost of the water they are accessing. For more information about becoming a club member or access to sessions please visit <http://www.leevalleypaddlesportsclub.org/> or email [lvpcslalom@gmail.com](mailto:lvpcslalom@gmail.com)